

Grade 1 - Chapter 19

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Discover

Catechist Edition Instruction

Discover (1)

Objectives

- Recognize the Last Supper as the meal Jesus shared with his disciples the night before he died
- Define the Eucharist as the Sacrament in which Jesus gives himself, and the bread and wine become his Body and Blood

The Eucharist

Ask: Who is present in the Eucharist?

- Write the children's responses on the board or on chart paper.

Read aloud the first paragraph.

- Explain to the children that an important part of the Mass recalls Jesus' last meal with his friends before his Death. Tell them this meal is known as the Last Supper.
- Hold up an index card with the term *Last Supper* on it. Have everyone read it.

God's Word

Proclaim "The Last Supper."

★ Invite the children to underline what Jesus said during the Last Supper.

- Ask: When do you hear these words at Mass?
- Explain that the priest says these words when God changes the bread and wine into the Body and Blood of Christ.
- Tell the children that Jesus promised that he would always be with his friends. Explain that Jesus is present in every Sacrament.

Giving Thanks

Read aloud the paragraph.

Work with Words

Hold up an index card to introduce the word *Eucharist*. Have the children practice pronouncing the word.

- Tell the children that the Eucharist has words and actions that show that Jesus is present.
 - Ask the children if they recall the words of Jesus the priest says. Tell the children that the priest and people at Mass do what Jesus told the disciples to do at the Last Supper.
 - Explain that they share his Body and Blood under the appearances of bread and wine. Say, "It still looks like bread and wine, but it is really Jesus himself."
 - Refer to pages 310–311 in the Our Catholic Tradition reference section in the back of the Student Book for a list of the parts of the Mass.
- Music Option: Have the children sing, "Come Share This Meal," downloaded from aliveinchrist.osv.com.

Activity

Read aloud the directions for the Share Your Faith activity.

- Have the children share their ideas of what is happening in the picture.

Quick Review

The word *Eucharist* means thanksgiving. Jesus gives himself under the appearances of bread and wine in the Eucharist.

Discover (2)

Objectives

- Describe the Mass as the gathering of Catholics to worship God and celebrate the Eucharist
- Understand that in the Mass we hear God's Word, give thanks for his gifts, and receive Jesus in Holy Communion

During Mass

Ask: How do we celebrate at Mass?

- Write the children's responses on the board or on chart paper.

Read aloud the two paragraphs.

- Ask the children what words describe things that happen at celebrations. List these on the board or on chart paper. **stories, songs, gifts, food**

Work with Words

Hold up index cards with the terms *Mass* and *Holy Communion*.

- Introduce the terms to the children.

Point out the pictures to the children.

- Ask: What things do Catholics do at Mass?

- Have the children name key words from each caption.
- Print the children's answers on the board or on chart paper. **Possible responses: gather, sing, pray, listen to stories, receive Jesus in Holy Communion**

During Mass, *continued*

- Tell the children that family celebrations and Mass have similarities. Tell them Mass is very special because bread and wine become Jesus himself.
 - If applicable, explain to the children that next year they will prepare to receive Jesus in Holy Communion.
- Music Option: Have the children sing, “Come to the Table” or “Supper of the Lamb,” downloaded from **aliveinchrist.osv.com**.

Activity

Read aloud the directions for the Connect Your Faith activity.

- Have the children work in partners to unscramble the words that tell about the Mass.

Quick Review

At Mass the Church family gathers to celebrate God's love. Mass is the Church's greatest celebration of praise and thanks to God.

Catechist Tips: Reaching All Learners—Manipulatives

With a little preparation, you can modify the word scramble activity to make it easier for children who would find it difficult to do on the page.

- For the letters, use tiles from a board game.
- Alternately, write the letters you need on index cards cut in half.
- Place the tiles or cards on a table, arranging them as shown in the children’s text.

Catechist Tips: Share a Video

To help the children learn more about the Mass, share the two-part video series *The Mass for Children* (VHS, 20 min., St. Anthony Messenger Press).

Glossary Activity: Eucharist

The word “Eucharist” comes from the Greek word *eucharistia*, which means “thanksgiving.”

- Christ instituted the Holy Eucharist at the Last Supper, the night before he died.

Additional Activity: Mass

To help the children visualize the Order of Mass, write the steps such as “Gather to sing and pray,” on poster board.

- Give groups of four children the signs, and have the children arrange themselves to reflect the Order of Mass.

Additional Activity: Interview Questions

Have the children develop interview questions.

- Invite members of your parish's liturgical team (including older children who act as altar servers) to visit the class and talk about their roles at Mass.
- Have the children work in small groups to develop interview questions for the guest speakers.

Additional Activity: Thank-You Cards

Hand out construction paper and crayons for the children to make thank-you cards to God for all of his gifts of creation.

- The children may write or draw their expressions of thanks.
- Gather the cards in a decorative basket and seek permission from the church office to have the notes placed at the altar during next Sunday's Masses.

Parish Video Connection: Mass Greeting

Before beginning the Catechist Edition instruction for page 254, show the children this video. Ask the children if they are familiar with any of the parts of the greeting mentioned in the video.

YouTube Link: <https://youtu.be/OA4PHHT05qc>